



3 Battaile Drive
Winchester, VA
540.662.4564

www.myydc.org
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YDCWinchester VA

YDC Campus Newsletter

Get Out - Get Moving

Get in the Center!

YDC * Special Love

**Rockin'
Sock
Hop**



Presented by the Arc,
NW Works, & the YDC

For individuals with disabilities
Ages 16 and up

Friday, September 29, 2017
6:30 - 8:30 pm



Please join us for an evening of
music, dancing, food and fun!



Wear your 50s best — party skirts, saddle shoes, rolled
up jeans, T-shirts, leather jackets — or come as you are!

Entertainment by Cathy Kerns
Admission is **FREE!**

FOURTH ANNUAL APPLE CAPITAL JINGLE BELL 5K & Kids' 1/2 Mile Fun Run!



Hosted by S. U. Cross Country
and Track Teams to support YDC!

Saturday, December 9, 8 AM

Great after party at Piccadilly's Public House!!

Register Online at:
www.CharmCityRun.com

ADVENTURES BEYOND

Our Adventures Beyond Program is an enrichment program for teens and young adults with special needs. The program is limited to those aged 13-23 and takes place on Saturdays. Activities include games, sports, crafts, and food preparation. The program is led by certified teachers and aides. The cost is \$20.00 per Saturday. Pre-registration is required and may be completed on our website.



TWENTY-FIRST ANNUAL FESTIVAL OF TREES!

November 17 - 19, 2017



Call us if you'd like to be a Decorator
and/or a Sponsor!

NEW for 2017! Elves' Emporium—the Festival
of Trees Christmas Bazaar

Saturday, November 18, 10 AM - 3 PM

Reserve your vendor table now!

**Need a big space for your group to meet on Sunday
mornings? The YDC is the place for your church's
gathering or meeting !**

**With 22,000 square feet of space, the YDC is the
perfect place for a birthday party, reunion, reception,
baby shower, meeting, etc.**

Call (540)662-4564 for your next event!

SPANISH CLASSES

The YDC has a very comprehensive schedule of Spanish classes. We have a level and time right for you. For all ages, from beginning to advanced, all classes meet once a week for 60-90 minutes. We also offer tutoring for middle and high school students. Classes are taught by Ximena Stroubakis, Chilean native speaker and experienced language instructor. Fees for group classes (3 or more) are \$20 per hour, Semiprivate (2 students) are \$30 per hour, and Private classes are \$40 per hour. If you would like more information, please email Ximena at ximenaguirre@gmail.com or call (540) 242 -8854.

GYM TIME

Open Gym

Monday - Friday - Free admission
Middle School 3:30-6:00 pm
High School 3:30-9:00pm

Family Days

Every Saturday and Sunday 1-3pm
\$2.00 admission over 6 years old.

Adult Open Gym \$2.00 admission.
Monday - Friday 10am-3pm

OFFICE SPACE AVAILABLE

Are you looking for office space for your non-profit? The YDC campus has **rent-free** space available - your only cost is for utilities. Call the YDC at 540-662-4564 for more information.





September is Childhood Cancer Awareness Month – please spread the word to families whose child has/had cancer that Special Love is here for them. Visit our brand-new website at www.speciallove.org for information. Also plan to join us on Saturday, October 1st, at 11:00 am at the Backstreet Grill in Winchester for the 2nd annual XPO Poker Run (formerly Conway Freight). Cost is \$25 per driver and \$20 per rider and includes a barbecue after the ride, so join us for food, fun, and a ride through the surrounding countryside. Registration begins at 9:30 am and cars are welcome.



Q: Does your Middle School Student stress out about school, friends, drama, life?

A: LifeHacks classes by CLEAN, Inc. cover topics like self-image, dealing with anxiety, communication skills, etc.

Q: Does your Middle School Student need some life skills, but doesn't want to learn them from you?

A: Groups are facilitated by CLEAN, Inc. staff, and include interactive discussion and activities, so it's fun not boring.

Q: Do you like things that are FREE?

A: YES, who doesn't like FREE things?



Topics include decision making, basic drug education, coping with anxiety and anger, communication skills, and healthy relationship skills, and more.

6-10 Middle School students per class. FREE to participate!

When: Tuesdays from 4-5:15pm

Where: CLEAN, Inc.

Register by Friday, October 14th. Call CLEAN, Inc. at (540)722-3589 to reserve your spot!



CLEAN, INC.

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